

# Arlene Mazak, Ph.D.



**Owner & Principal,  
Mazak Global Management  
Owner,  
Innecall: Personal and Transpersonal Development**

**T**hrough conscious leadership coaching, Arlene Mazak, Ph.D., has enabled professionals around the globe to achieve success in their businesses and transform their lives. By focusing on the importance of team-building, intercultural training, organizational development and global diversity, she guides her clients in achieving workplace balance, which is the catalyst for the success of all businesses. By incorporating spiritual techniques and meditation into her teachings, Dr. Mazak shows clients how to establish the mental strength and resilience necessary to continually apply these transformations for the long-term. "Hypnotherapy has been proven to pique performance, while meditation increases clarity, focus and stress reduction," she says, adding that interfaith and inter-spiritual guidance is effective for organizations looking to achieve success through executive visioning.

A lifelong learner, Dr. Mazak gained a multidisciplinary education in organizational development and transformation, cultural anthropology, intercultural communications and South Asian civilizations prior to establishing her business consultancy. She holds a Ph.D. and Master of Arts in South Asian Language and Civilizations from the University of Chicago, a master's degree in counseling from the University of San Francisco and a graduate certificate in organizational development and transformation from the California Institute of Integral Studies. Believing that professional development is an aspect upon which success hinges, Dr. Mazak completed coursework in trans-personal hypnotherapy and past-life regression from the Institute of Thought and achieved a certificate in gerontology from Coastline Community College. Additionally, she became certified in global leadership and transnational management training, assessments and simulations. Dr. Mazak demonstrates her passion for world religions, comparative mysticism and meditation systems.

Today, Dr. Mazak focuses her private practice on life, relationship and business coaching, offering cross-cultural counseling, global leadership coaching, international management training, and virtual team-building. Looking ahead, she intends to resume offering psychotherapy services and begin a new chapter of offerings as an ordained interfaith minister. Dr. Mazak plans to dedicate her ministry to interfaith dialogue to promote social justice, human rights, equality, multi-faith reconciliation, environmental justice, and community healing.

In her free time, Dr. Mazak loves foreign travel, singing in her church's choir, organic gardening, yoga and qi gong.

## Education:

Coursework in  
Trans-Personal Hypnotherapy and  
Past-Life Regression, Institute of  
Thought (2007)

Coursework for Certificate in  
Gerontology, Coastline Community  
College (2003)

Ph.D. and Master of Arts in South  
Asian Languages and Civilizations,  
The University of Chicago (1994)

Master's Degree in Counseling,  
University of San Francisco

Graduate Certificate in  
Organizational Development  
and Transformation,  
California Institute of  
Integral Studies

## Professional Affiliations:

Spiritual Directors International  
International Association for  
Regression Research &  
Therapies, Inc.

California Association of Marriage  
and Family Therapists

Academy of Management  
The Jung Club

Institute of Noetic Sciences  
Society for the Anthropology of  
Consciousness

Sri Aurobindo Association  
Unity of Tustin

Unitarian Universalist Church  
Vajrayana Foundation  
Fellowship of Reconciliation

## On the Web:

[www.TopProfessionalTrainer.com](http://www.TopProfessionalTrainer.com)

[www.TopLifeRelationshipCoach.com](http://www.TopLifeRelationshipCoach.com)

[www.TopLifeBusinessCoach.com](http://www.TopLifeBusinessCoach.com)

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